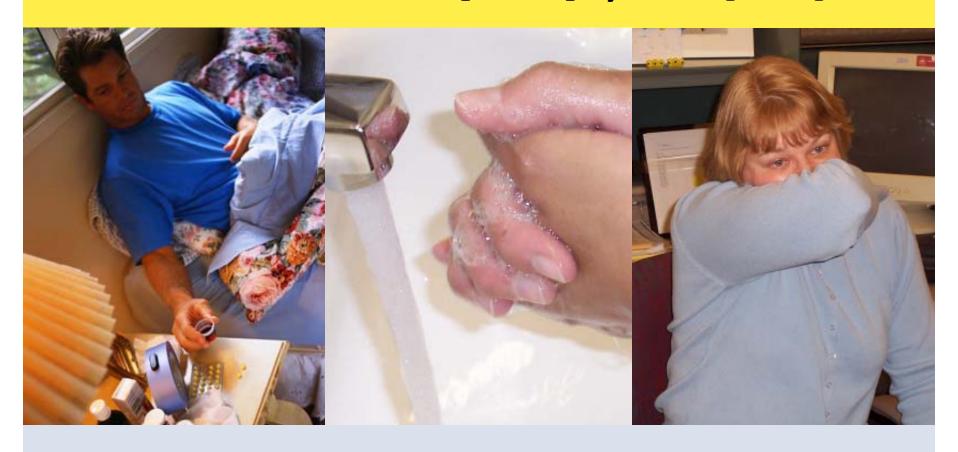
STAY HEALTHY!

Follow these simple tips, every day



COVER your mouth when you cough or sneeze—use your sleeve ONLY use your own glass and utensils—don't share

USE soap and warm water to wash hands often

GET plenty of sleep, exercise, and eat a healthy diet

HOME is where you belong when you're sick, not at work or school



