



TOWN COUNCIL – AGENDA REQUEST FORM

THIS FORM WILL BECOME PART OF THE BACKGROUND INFORMATION USED BY THE COUNCIL AND PUBLIC

Please submit Agenda Request Form, **including back up information**, 8 days prior to the requested meeting date. **Public Hearing requests must be submitted 20 days prior to requested meeting date to meet publication deadlines** (exceptions may be authorized by the Town Manager, Chairman/Vice Chair).

MEETING INFORMATION

Date Submitted: June 11, 2021
 Submitted by: Councilor Barbara Healey
 Department:
 Speakers:

Date of Meeting: June 24, 2021
 Time Required: 15 minutes
 Background Info. Supplied: Yes: No:

CATEGORY OF BUSINESS (PLEASE PLACE AN "X" IN THE APPROPRIATE BOX)

Appointment:	<input type="checkbox"/>	Recognition/Resignation/Retirement:	<input type="checkbox"/>
Public Hearing:	<input type="checkbox"/>	Old Business:	<input type="checkbox"/>
New Business:	<input checked="" type="checkbox"/>	Consent Agenda:	<input type="checkbox"/>
Nonpublic:	<input type="checkbox"/>	Other:	<input type="checkbox"/>

TITLE OF ITEM

PFAS in New Hampshire Fact Sheet Discussion

DESCRIPTION OF ITEM

The Town Council to discuss how to promote the New Hampshire PFAS fact sheet.

REFERENCE (IF KNOWN)

RSA:	Warrant Article:	_____
Charter Article:	Town Meeting:	_____
Other:	N/A	

EQUIPMENT REQUIRED (PLEASE PLACE AN "X" IN THE APPROPRIATE BOX)

Projector:	<input type="checkbox"/>	Grant Requirements:	<input type="checkbox"/>
Easel:	<input type="checkbox"/>	Joint Meeting:	<input type="checkbox"/>
Special Seating:	<input type="checkbox"/>	Other:	<input type="checkbox"/>
Laptop:	<input type="checkbox"/>	None:	<input type="checkbox"/>

CONTACT INFORMATION

Name: Barbara Healey Address _____

Phone Number _____ Email Address bhealey@merrimacknh.gov

APPROVAL

Town Manager: Yes No: Chair/Vice Chair: Yes No:

Hold for Meeting Date: _____

Becky Thompson

From: Tom Koenig
Sent: Friday, June 11, 2021 12:04 PM
To: Becky Thompson
Subject: Fwd: RE: NH PFAS Fact sheet

Becky, would you put this in the agenda file for future discussion, please.

Thanks,
Tom Koenig

----- Forwarded message -----

From: Barbara Healey <bhealey@merrimacknh.gov>
Date: Jun 11, 2021 10:56 AM
Subject: RE: NH PFAS Fact sheet
To: Laurene Allen <alaurene@gmail.com>, Town Council <TownCouncil@merrimacknh.gov>, Paul Micali <pmicali@merrimacknh.gov>
Cc: Maureen Mooney <rep.maureen.mooney@gmail.com>, "Representative Rosemarie Rung (D) Hillsborough - District 21" <Rosemarie.Rung@leg.state.nh.us>, "Representative Jeanine Notter (R) Hillsborough - District 21" <jeanine.notter@leg.state.nh.us>, "Representative Robert Healey (R) Hillsborough - District 21" <rvhealey@aol.com>, bill.boyd@leg.state.nh.us

Thanks so much Laurene.

Tom and Finlay, maybe we could add this to the next agenda to discuss how best to promote this. I was looking at the town website but all our links go to the DES site for the info. This would fit in nicely with the discussions we are having regarding communications.

Thanks so much.

Barbara Healey
Town Councilor

Merrimack Town Hall
6 Baboosic Lake Road
Merrimack, NH 03054

From: Laurene Allen [alaurene@gmail.com]
Sent: Friday, June 11, 2021 9:39 AM
To: Town Council
Cc: Maureen Mooney; Representative Rosemarie Rung (D) Hillsborough - District 21; Representative Jeanine Notter (R) Hillsborough - District 21; Representative Robert Healey (R) Hillsborough - District 21; bill.boyd@leg.state.nh.us
Subject: NH PFAS Fact sheet

Good morning

I am pleased to share the following link to a PFAS Fact Sheet for NH residents that I worked on over the last year with a team headed by Dartmouth College, funded by a NIEH grant.

I would like to request the town council, PFAS involved state reps and members of the Health Commission consider ways to assist getting this out to our residents.

<http://bit.ly/PFASinNH>

PFAS IN NEW HAMPSHIRE: What you need to know

Per- and poly-fluoroalkyl substances are a group of human-made chemicals (of which there are thousands) **known as PFAS**. These chemicals were developed in the 1940s to repel water or make a surface slippery. Since then, PFAS have been adapted for many consumer products and are now common drinking water contaminants throughout the United States.



HOW ARE WE EXPOSED TO PFAS IN NEW HAMPSHIRE?



Water & Diet

Over many years, PFAS have been discharged to fresh water and ocean water, which contaminates drinking water for people and results in PFAS contamination in fish. Food packaging, such as microwave popcorn bags, also contains PFAS, leading to food contamination.



Air

PFAS outdoor air concentrations are found to be highest near industrial facilities that discharge PFAS emissions. These emissions are transported by wind and deposited in soil and in oceans, lakes, rivers and streams.



Soil

PFAS make their way into soil due to discharge from industry, deposits from the air, leaching from a landfill or sludge from wastewater treatment plants placed on the land. PFAS in soil then enter the water.



Consumer & Industry Products

PFAS are used in industrial processes and are incorporated into many water, stain and grease-resistant products, including clothing, carpet, furniture, non-stick cookware, food packaging, takeout containers, personal care products and ski waxes. PFAS have also been used historically in firefighting foam.



HOW DOES PFAS REACH PEOPLE IN NH?



Industry



Environment



Human Exposure



Waste Management



Consumer & Industry Products

PFAS interfere with:

- the body's hormones
- the ability to fight infection
- growth and development in children

PFAS increase risk of:

- high cholesterol
- thyroid disorders
- certain types of cancer

Click Here for an FAQ with more information!

SEE NEXT PAGE TO TAKE ACTION!

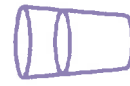


WHO IS AT RISK FROM PFAS EXPOSURE?

EVERYONE! BUT IN PARTICULAR:



Residents living near areas with higher levels of PFAS in the water, air and soil



Anyone drinking water from contaminated water sources including **private wells**



Pregnant women, babies and children who are especially sensitive to PFAS



People who regularly use or produce products containing PFAS



People who eat certain packaged foods or fish that contain PFAS

PFAS IN NEW HAMPSHIRE: What you need to know



WHY ARE WE CONCERNED ABOUT PFAS?

- PFAS are in humans and wildlife around the world and stay in our bodies for years. PFAS do not degrade in the environment and are found in some of the [food, water and consumer products](#) we use every day.
- Our state has several areas impacted by PFAS, including groundwater contamination at Pease Air Force Base in Portsmouth and water and soil contamination, and air emissions from industrial facilities in southern New Hampshire (NH). [Follow this link](#) to see if the New Hampshire Department of Environmental Services (NHDES) has detected PFAS in water in your community.



HOW CAN YOU REDUCE YOUR FAMILY'S PFAS EXPOSURE?

- **Check** with your public water supplier for PFAS levels. Homeowners with private wells are solely responsible for testing and treating their water. The only way for private well users to know if you have PFAS in your water is to **TEST IT**. See recommended water tests for NH private wells [here](#).
- **Consider** [in-home water filtration options](#).
- **Use a wet mop** instead of sweeping with a broom to reduce exposure to dust, which can harbor PFAS and other toxic chemicals.
- **Check out** [consumer product information](#) from Environmental Working Group to avoid PFAS in common products like cookware, rain jackets, makeup, and certain types of dental floss.
- **Visit** [PFAS Central](#) for a list of PFAS-Free products.
- **Avoid** eating foods packaged in material containing PFAS, such as microwave popcorn and fast-food.
- **Avoid** stain resistant coatings on carpets, furniture and other upholstery.

Questions? Email: PFAS.questions@dartmouth.edu



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Fact sheet Last Updated: May 2021



WHAT IS ALREADY BEING DONE ABOUT PFAS?

- **Communities are taking action:**
Merrimack Citizens for Clean Water, was formed in 2016 when NHDES ordered the closing of two of the six Merrimack, NH public water wells as they tested over the state regulatory limit for PFAS at that time.
Testing for Pease is a community action group founded in 2015 in response to PFAS contamination at the Pease Tradeport.
- **Protective PFAS Regulations are in place in New Hampshire**
- **State and federal legislators are working to pass additional protective policies**
- **Research is ongoing to better understand the effects of PFAS on human health and wildlife**

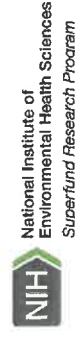
Click Here for an FAQ with more information!



WHERE CAN YOU FIND MORE INFORMATION?

- [NH Department of Health and Human Services \(NHDHHS\)](#)
- [NH Department of Environmental Services PFAS Investigation](#)
- [Centers for Disease Control and Prevention, Agency for Toxic Substances and Disease Registry \(ATSDR\) PFAS](#)
- [ATSDR Community Stress Resource Center](#)
- [NHDHHS PFAS Blood Testing](#)
- [Silent Spring Institute's PFAS Exchange](#)

Click Here for an FAQ with more information!



PFAS RESOURCES

(LINKS ARE LIVE AND CAN BE CLICKED ON)

HOTLINE FOR REQUESTING SAMPLING

INSIDE THE CONSENT DECREE AREA:

1-800-742-8498

LINK TO SURVEY MONKEY TO REQUEST SAMPLING OUTSIDE THE CONSENT DECREE AREA:

DEGREE AREA:

[HTTPS://WWW.SURVEYMONKEY.COM/R/](https://www.surveymonkey.com/r/)

NHDES-S-03-008

[NHDES PFAS Investigation Webpage](#)

[NHDES PFAS Sampling Map](#)

[PFAS & VOC Water Sampling Instructional Video](#) (PFAS 0-3:30 minutes)

[PFAS Treatment Options](#)

[Be Well Informed Guide](#) - designed to help you understand your water test results and, if your well water has commonly found pollutants in it, provide information about health concerns and water treatment choices

[PFAS MCL and AGQS Documents and Links](#)

[NH Department of Health & Human Services – PFAS](#)

[ATSDR - PFAS and Your Health](#)



CONTACT INFORMATION

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**SITE INVESTIGATIONS -
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